

AADO Asian Fellowship Programme 2011

A Report from Dr. Aditya Krishna Mootha

02 May - 24 May 2011

This is report from Dr. Aditya Krishna Mootha, who pursued his fellowship from 02 May to 27 May 2011 under the aegis of [AADO Asian Fellowship Programme](#) in Queen Elizabeth Hospital, Hong Kong.

First of all I would like to thank my mentors Dr. M.S Dhillon, Dr. Sameer Agarwal, Dr. Sarvadeep Dhatt as well as my current guide Dr. A.V. Gurava Reddy for recommending me and allowing me to pursue such a wonderful fellowship. I also take this opportunity to thank Ms Terry Leung and Ms Kellan Cheung for their assistance through out the fellowship starting from attaining the training visa to completion of the fellowship and without their support it is practically impossible to complete my training.

I did this fellowship under the dynamic guidance of Dr. W Y Shen and I have no hesitation in saying that he is one of the best mentors I have ever come across. He is so humble and ground to earth person, helping me right from the minor things like acquaintance of the locker rooms to food & accommodation in Hong Kong. I feel extremely happy to the hospitality provided by him and Dr. Lee, Dr. Ivan, Dr. Edmund, Dr. Wong, Dr. Iris and his entire team. They were so approachable and helping in nature that made me feel as a part of them.

I learnt a lot during this fellowship and I would say academics are only a part of it. Our daily routine included ward rounds at sharp 8 AM which mainly include discussion over the list of patients posted for surgery that day. Theatre schedule followed it and apart from them I was allowed to participate in their other academic activities like grand rounds on Wednesdays and inter hospital academic meets on Saturdays. Over a period of 4 weeks I got exposure to a lot of cases which mainly included geriatric hip fractures. Dr. Shen was so interactive and he was always eager to answer my questions. Daily case discussions as well as presentations on various topics by Dr. Shen made the experience more interesting. It is near impossible to mention all the tips and tricks I learnt from him. He is a staunch believer of the concept that it is worth spending time in pre operative planning rather than spending the same time struggling on table and it is hard to forget what he always preaches "If theatricals need a lot of rehearsals why not the surgeries – hence you rehearse, rehearse and rehearse in your mind."

I am really impressed with the quality of health care being provided to the patients here. The efficiency of the medical and paramedical staffs is really admirable. I would also like to appreciate their electronic patient record management system, which makes pre operative planning, post surgical analysis and data retrieval a lot easier.

In the end these 4 weeks of stay in Hong Kong was a perfect blend of learning and fun, also thanks to my co-fellow Dr. Vishal Kumar for his wonderful company. I would also like to thank AADO for awarding me this fellowship. I returned from Hong Kong with great memories, enriched experience and many new friends.