

AADO Trauma Fellowship Programme,2009.

A Report on AADO Trauma Fellowship Programme Course Hong Kong from 21st. September – 16th. October 2009

It is a report from Dr. Maruf Ahmad, one of the successful applicants of AADO Trauma Fellowship Programme Course at Queen Elizabeth Hospital Hong Kong from 21st. September – 16th. October 2009.

First of all I would like to thank AADO who has given me a rare opportunity to attend AADO Trauma Fellowship Programme held at Queen Elizabeth Hospital Hong Kong from 21st. September – 16th. October 2009. I started my journey from Dhaka on 20th. Sept. 2009 by Dragon Air and reached Hong Kong on the same day .Following instructions I could find my way to the accommodation unaided. As it was Sunday a public holly day, didn't bother anybody and after having a nap I move around the hospital and the surroundings on my own. Next morning at 8 AM I went to meet Dr. Shen Wan Yiu and found an extremely well behaved, welcoming and young looking handsome person. Only later I came to know that he is about 10 yrs. Senior to me. There I was introduced with my course coordinator Dr. K. B. Lee and other doctors of the trauma team (Dr. Norman, Dr.Tiu, Dr.Gary, Dr.Ivan, Dr.Y.B.Wong). After completing the official formalities Dr.Shen Wan Yiu Consultant and Head of Orthopaedic Trauma Service briefed me about the course and took me for a quick tour in the Operation theater complex, which impressed me immensely.

From the very same day I start attending the theater as an observer and found Surgeons were doing the operations very quickly and with ease. As a whole the environment was quite comfortable. Here the picture of trauma cases are quite different then my own country. Pt. are mostly geriatric and a very few RTA, play ground or fall from height injury.

My experience here is an eye opening about the intra medulary nailing. Initially I was bit skeptical about all the nailing but after discussing the cases with my instructors I am convinced about the advantages of I/M nailing in fracture fixation. Though most of the cases are pretty straight forward like fracture neck of femur, fracture trochanter or subtrochanter but I had the opportunity of attending few very difficult and interesting cases.

Dr.Shen is really a great surgeon who always plans well ahead of the operation and has the guts to admit his failures and limitations. He showed me a lot of implant failure cases operated by him as well as others and discussed at length about the reasons behind. Those sessions are the essence of this course. He had a vast experience in trauma and has the ability to improvise things which again a good opportunity for me to improve my thought process.

Before I finished my brief report I must thank all the members of the Trauma team, Ms. Angela Che Orthopedics operation Theater in charge for her enthusiastic help when ever it was required and many other doctors, nurses and other supporting Staff for their support which made my stay very pleasant.

As a whole I must say that I had a great time here in Queen Elizabeth Hospital Hong Kong and could improve my thinking process which is the most important for a Trauma Surgeon.

Starting from the day 1 I fond AADO is very well organized but I have a feeling that the academic part can be more organized and informative together with some hands on trainings.


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